



Barrier-Free Access to Personalized Mental Health Solutions

Get seamless access to expert care, resources, and personalized support—whenever and wherever you need it.



Bree Health offers a comprehensive range of services designed to support your mental health and well-being. Our goal is to make accessing care as easy and effective as possible, so you can focus on what matters most.

→ **Certified Life Coaching & Counseling**

Access to Certified Life Coaching & Counseling for a variety of personal and professional needs, including managing stress, career growth, relationship challenges, and family matters.

→ **Solutions Paths**

Get personalized Solutions Paths with step-by-step guidance, tools, and resources that adapt to your needs, providing continuous support to reach your goals.

→ **Legal & Financial Resources**

Access no-cost 30-minute legal consultations, 90-minute financial consultations, a library of tools and resources, and discounted rates for continued services.

→ **Bree Video Library**

Access guided meditations, relaxation videos, educational content, and weekly mood-boosting insights to enhance your focus and refresh your mind.

→ **Virtual Concierge Services**

Provides dedicated Personal Assistants to help with research, referrals, and information on child/elder care, travel, events, entertainment, relocation, and more.

→ **Employee Discounts**

Enjoy exclusive savings on events, entertainment, travel, shopping, experiences, and more through our partner, Working Advantage.

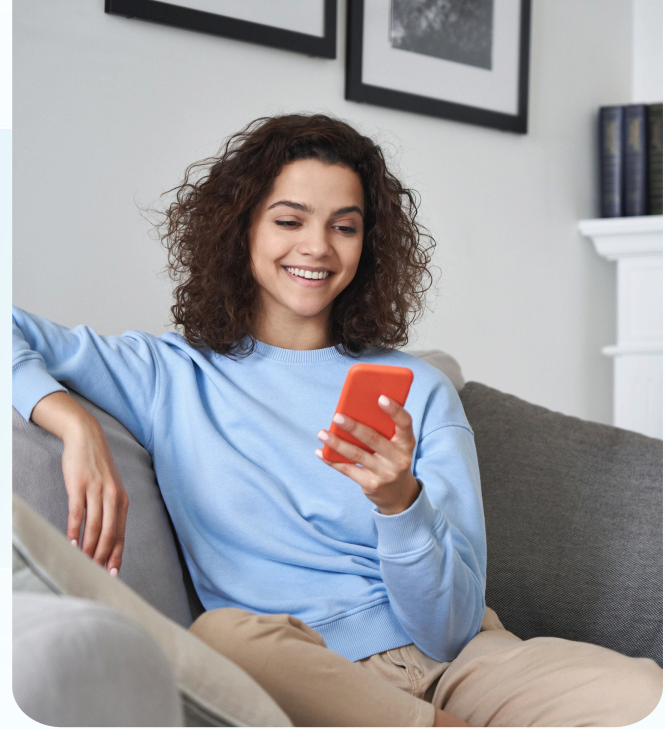
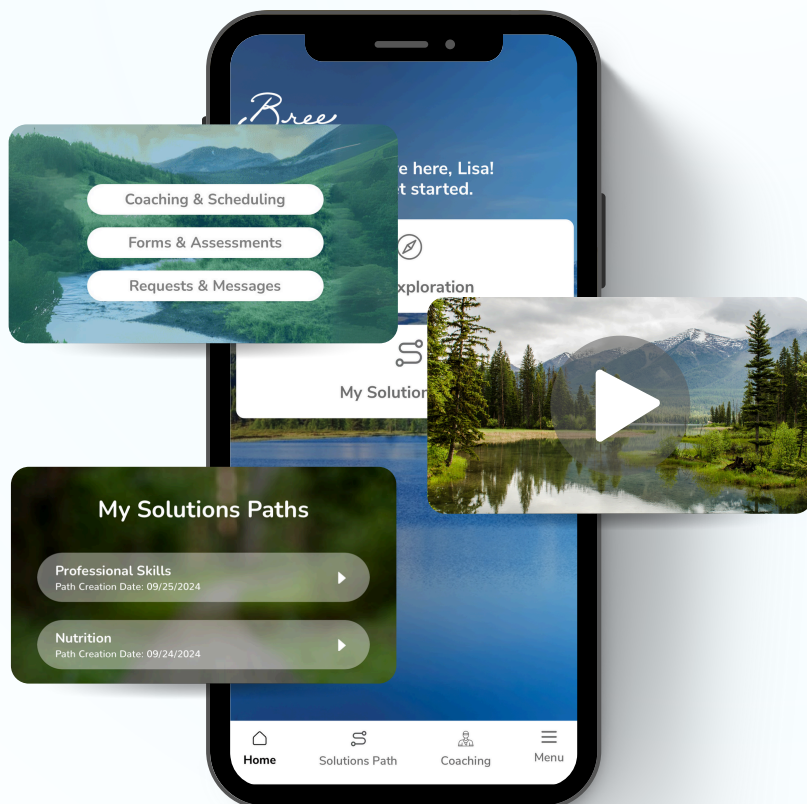
→ **Health Advocacy**

Get expert support navigating healthcare, from finding providers and managing billing issues to understanding insurance benefits and making informed care decisions.

EFFORTLESS ACCESS TO EXPERT COACHING AND MENTAL HEALTH SUPPORT

DISCOVER THE POWER OF THE BREE HEALTH APP

Take control of your mental health and well-being with the Bree Health App—your all-in-one solution for personalized, barrier-free access to essential support services. Whether you're managing stress, seeking mental health guidance, or navigating life's everyday challenges, our app is designed to make care effortless, accessible, and personalized to your needs.



CONFIDENTIAL ASSISTANCE

We ensure that your information and identity is kept completely confidential – even from your employer. Exceptions occur only when members are at risk of harming themselves or others or when the welfare of a child is in question.

BEGIN YOUR JOURNEY TO TOTAL WELL-BEING TODAY



COMPANY ID:

Visit login.breehealth.com or scan the QR code to download the app and take the first step toward a more balanced and fulfilling life.